

Under the High Patronage of His Excellency  
The President of the Lebanese Republic

# General Michel Aoun

**The Lebanese Order of Pharmacists**  
organizes its 26<sup>th</sup> Annual Congress under the theme

**Teaming Up for Excellence in Patient Care**  
معا للتميز في رعاية المريض



نقابة صيادلة لبنان  
ORDER OF PHARMACISTS OF LEBANON

**21 CE**  
CREDITS

16 - 18 November 2018 | Hilton Habtoor Hotel - Beirut - Lebanon







# The 26<sup>th</sup> Annual Pharmacy Congress

Teaming Up for Excellence in Patient Care  
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## WELCOME LETTER



Dear colleagues,

It is our pleasure to welcome you at the 26<sup>th</sup> Annual Congress of the Lebanese Order of Pharmacists  
"Teaming Up for Excellence in Patient Care".

During this congress, you will have the opportunity to attend valuable updates on the most commonly encountered chronic and infectious diseases in both community and hospital settings. In addition, sessions on soft skills and management that are useful to all pharmacists, will be addressed as well.

Moreover, pharmacists will get 2 booklets of value: the "Health Promotion Counseling Tips" booklet tackling selected diseases, and the "OPL Deliverables 2016-2018" booklet that summarizes projects conducted by the OPL during this mandate.

Wishing you all a pleasant and beneficial event.

**Dr. Georges SILI**

President,

Lebanese Order of Pharmacists

*Georges SILI*





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## **PRESIDENT OF THE CONGRESS**

Georges Sili

## **CHAIR OF THE SCIENTIFIC COMMITTEE**

Pascale Salameh

## **CENTRAL SCIENTIFIC COMMITTEE**

Aline Hajj  
Hala Sacre  
Jihan Safwan  
Khaled Zein  
Marwan Akel  
Nadia Dalloul  
Nadine Rashid  
Nathalie Lahoud  
Rony Zeenny  
Saer Alwan  
Souraya Domiati  
Yassar Mortada  
Ziad Damerji

## **ORGANIZING COMMITTEE**

Eliza Helou  
Hala Sacre  
Pascale Salameh  
Rony Zeenny  
Tony Saadé



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**FRIDAY NOVEMBER 16, 2018**

**EMIRATES HALL**

08:30	Registration	
08:55 - 09:00	Soft Opening	Pascale SALAMEH PharmD, MPH, PhD
09:00 - 11:00	<b>Session 1: Pharmacotherapy Advances (2 Credits)</b>	<b>Moderator:</b> Sanaa AWADA PharmD, MPS, PhD
09:00 - 09:30	Pharmacotherapy for Pediatric and Congenital Cardiovascular Diseases	Anna-Maria HENAINE PharmD, MS, PhD
09:30 - 10:00	Influenza: How to Keep the Big Elephant out of the Room <i>Sponsored by Sanofi Pasteur</i>	Hassan ZARAKET PharmD, PhD
10:00 - 10:30	Chronic Lymphocytic Leukemia: Shifting Treatment Paradigm <i>Sponsored by Abbvie</i>	Marwan GHOSN MD
10:30 - 11:00	Obesity Disease: Pathophysiology, Consequences & Management Beyond Weight Loss <i>Sponsored by Novo Nordisk</i>	Rita MEDLEJ MD
11:00 - 11:30	Coffee Break	
11:30 - 13:30	<b>Session 2: Soft Skills (2 Credits)</b>	<b>Moderator:</b> Pascale SALAMEH PharmD, MPH, PhD
11:30 - 13:00	Managing Fear / Uncertainty	<b>Keynote Speaker</b> Elie WAKIL PharmD
13:00 - 13:30	Motivational Interviewing: Helping Patients Change!	Mohamed ISSA PhD
13:30 - 15:00	Lunch Break	
15:00 - 17:00	<b>Session 3: Pharmacist in Disease Prevention (2 Credits)</b>	<b>Moderator:</b> Hilda SARKIS PharmD, MPH
15:00 - 16:00	The Roles of Community Pharmacy in Increasing Vaccination Coverage and Uptake	<b>Keynote Speaker</b> Gonçalo SOUSA PINTO PharmD, MS
16:00 - 16:30	The Role of Community Pharmacists in Non-Communicable Diseases: It Is Time for Change	Luna EL-BIZRI PharmD
16:30 - 17:00	The Role of Pharmacists in Public Health	Rasha HAMRA PharmD, MPH, Dr. Health
17:00 - 17:30	Coffee Break	
17:30 - 19:30	<b>Session 4: Updates in Community Pharmacy Practice (2 Credits)</b>	<b>Moderator:</b> Zeina NAHHAS PharmD
17:30 - 18:00	Troubles du sommeil et de la fonction cognitive chez les patients cancéreux	Aline HAJJ PharmD, PhD
18:00 - 18:30	Pain Management from Traditional Drugs to New Ones	Souraya DOMIATI PharmD, MSc, PhD
18:30 - 19:00	Guided Prescription of Psychotropic Medications for Geriatric Population	Carmela BOU MALHAM BS Pharm, MS
19:00 - 19:30	Knowledge, Attitude and Perception in Chronic Obstructive Pulmonary Disease Among Community Pharmacists	Sylvia SAADE PharmD



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BEIRUT HALL

17:30 - 19:30	Session P1: Medication Quality and Management (2 Credits)	Moderator: Yassar MORTADA PharmD, PhD
17:30 - 18:00	Gastroretentive Drug Delivery Systems: A New Approach for Enhancing Drug Bioavailability	May SAAB BS Pharm, PhD
18:00 - 18:30	Pharmaceutical Nanostructures: From Research Labs to Clinics	Mohammed MEHANNA PhD
18:30 - 19:00	The Importance of Inventory Management in Pharmacy Settings	Farah CHEHIMI BS Pharm, MBA, DBA
19:00 - 19:30	SRM: Supplier Relationship Management	Youssef AKIKI PharmD, MBA, DBA



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**EMIRATES HALL**

08:30 Registration

**09:00 - 11:00 Session 5: Guidelines Updates (2 Credits)**

**Moderator:**  
**Bahia CHAHINE**  
 PharmD

09:00 - 09:30 Thyroid Disorders: Patient Education on Hypothyroidism and Hyperthyroid

Nisreen MOURAD  
 PharmD

09:30 - 10:00 Acute Stroke Management: Short-Term and Long-Term Outcomes Post-Stroke in Lebanon

Rachel ABDO  
 PharmD, MPH

10:00 - 10:30 Controlling the Silent Killer: New Hypertension Guidelines

Faraj SAADE  
 PharmD, BCPS

10:30 - 11:00 A Vitiligo Update for Pharmacists: Current Practices and Future Advances

Dalal HAMMOUDI  
 RPh, MSc, PhD

11:00 - 11:30 Coffee Break

**11:30 - 13:30 Opening Ceremony**

**National Anthem**

Address of Dr. Georges SILLI, *President of the Order of Pharmacists of Lebanon*

Address of Dr. Assem ARAJI, *President of the Parliamentary Commission for Health*

Address of Dr. Wafa DAHDAL, *Director of International Programs and Associate Director of Professional Development at the American College of Clinical Pharmacy (ACCP)*

Address of Dr. Joan PEPPARD, *President of the European Association of Hospital Pharmacists (EAHP)*

Address of Dr. Gonçalo SOUSA PINTO, *Professional Development and Advocacy Manager at the International Pharmacy Federation (FIP)*

Address of H.E. the Minister of Education and Higher Education

Address of H.E. the Minister of Public Health

Address of H.E. General Michel AOUN, *President of the Lebanese Republic*

**Distribution of Awards**

13:30 - 15:00 Lunch Break

**15:00 - 17:00 Session 6: Keynote Session - Pharmacy Practice (2 Credits)**

**Moderator:**  
**Michelle CHERFAN**  
 PharmD, MS

15:00 - 16:00 Management of Drug Shortages on the Local, National and EU Level

Joan PEPPARD  
 BS Pharm, BA, MA

16:00 - 17:00 Barriers to Medication Adherence in the Patient with Heart Disease

Cynthia JACKEVICIUS  
 PharmD, MSc, APh, BCPS-AQ  
 Cardiology, FCSHP, FAHA, FCCP,  
 FCCS, FACC

17:00 - 17:30 Coffee Break

**17:30 - 19:00 Session 7: Clinical Biology (1.5 Credits)**

**Moderator:**  
**Marc-Antoine ZABLITH**  
 PharmD, Clinical Biologist

17:30 - 18:00 Les défis cliniques et diagnostiques du déficit en fer et de l'anémie ferriprive

Salam EL-SAMAD  
 PharmD, Pharmacien Biologiste

18:00 - 18:30 Insuffisance cardiaque: diagnostic et prise en charge

Marcel EL-ACHCAR  
 PharmD, Pharmacien Biologiste

18:30 - 19:00 Le microbiote: ami ou ennemi

Tarek ITANI  
 PhD, Pharmacien Biologiste



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**BEIRUT HALL**

08:30 Registration

**09:00 - 11:00** Session P2: Infectious Diseases: Hospital Perspective (2 Credits)

**Moderator:**  
Ghada KHOURY  
PharmD, MPH

09:00 - 09:30 Updates in Infectious Diseases - Clinical Pearls

Wissam KABBARA  
PharmD, BCPS-AQ ID

09:30 - 10:00 Clinical and Economic Impact of Urinary Tract Infections Caused by Escherichia coli Resistant Isolates

Katia ISKANDAR  
PharmD, MHS, AMES

10:00 - 10:30 The Importance of Infection Prevention and Control Measures at the Lebanese Hospitals

Ahmad DIMASSI  
BSc, RPh, PharmD, MSc.

10:30 - 11:00 Antimicrobial Stewardship Program in a Neonatal Intensive Care Unit

Therese SAAD  
DPharm, BCPS, BCPPS  
Dina ITANI  
BS Pharm, MPH

11:00 - 11:30 Coffee Break

13:30 - 15:00 Lunch Break

**15:00 - 17:00** Session P3: Targeting Oncology Patients (2 Credits)

**Moderator:**  
Joya DAGHER  
PharmD

15:00 - 15:30 Febrile Neutropenia in Cancer Patients

Rabih HALLIT  
MD

15:30 - 16:00 Cancer Treatment Toxicities in Solid Tumors and Role of Pharmacist in Monitoring

Alissar GHADDAR  
PharmD

16:00 - 16:30 Case Control Study about the Risk of Pancreatic Cancer with Dipeptidyl Peptidase-4 Inhibitors in Lebanon

Jihan SAFWAN  
PharmD

16:30 - 17:00 Role of Pharmacist in Cancer Survivorship: Living with and Beyond Cancer

Fatima ISMAIL  
BS Pharm

17:00 - 17:30 Coffee Break

**17:30 - 19:00** Session P4: Continuing Professional Development and Public Health (1.5 Credits)

**Moderator:**  
Racha HAWASLI  
PharmD, PhD

17:30 - 18:00 The Importance of Continuing Professional Development in Pharmacy Practice

Mahendra PATEL  
BPharm, PhD, FRPharmS, FHEA

18:00 - 18:30 Knowledge of Pharmacists and Parents Towards Antibiotic Use in Pediatrics: A Cross-Sectional Study in Lebanon

Souheil HALLIT  
PharmD, MSc, MPH, PhD

18:30 - 19:00 Health Promoting Schools, a Review of the Approach and its Challenges: The Need of a National Lebanese Survey

Marwan AKEL  
PharmD, MPH





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**SUNDAY NOVEMBER 18, 2018**

**EMIRATES HALL**

08:30 Registration

**09:00 - 11:00 Session 8: Community Pharmacist Added Value (2 Credits)**

**Moderator:**  
Nadia DALLOUL  
BS Pharm, RPh

09:00 - 09:30 Medication Therapy Management: What Pharmacists Need to Know?

Lama SOUBRA  
PharmD, PhD

09:30 - 10:00 Clinical Trials in Pharmacy: An Opportunity for Professional Development

Rosemary GRAY  
BPharm, MPS

10:00 - 10:30 Healthy Eating Habits in Perspective: Benefits of Adherence vs. Cardiovascular Risks

Rony ZEENNY  
PharmD, MPH, BCPS-AQ ID

10:30 - 11:00 Determinants of a Longer Duration of Exclusive and Mixed Breastfeeding and its Relationship with Infants' and Toddlers' Health

Carine ISSA  
MSc, PhD

11:00 - 11:30 Coffee Break

**11:30 - 13:30 Session 9: Infectious Diseases: Community Perspective (2 Credits)**

**Moderator:**  
Nathalie LAHOUD  
PharmD, MS, PhD

11:30 - 12:00 Probiotics: Clinical Use of *Bacillus Clausii* and its Mode of Action  
*Sponsored by Sanofi*

Cecilio AZAR  
MD

12:00 - 12:30 Pediatric Infections: A Focus on the Upper Respiratory Tract System

Fouad SAKR  
PharmD

12:30 - 13:00 Diagnosis and Treatment of Acute Uncomplicated Urinary Tract Infections: Cystitis and Pyelonephritis

Mira HLAYHEL  
PharmD, MS, PhD

13:00 - 13:30 Fever, That Precious Ally

Krikor SAHAKIAN  
PharmD, PhD

13:30 - 15:00 Lunch Break

**15:00 - 17:00 Session 10: Keynote Session - Medication Safety (2 Credits)**

**Moderator:**  
Abeer ZEITOUN  
PharmD

15:00 - 16:00 Medicinal Cannabis - Shifting Sands

Andrew GRAY  
BPharm, MSc, FPS, FFIP

16:00 - 17:00 The Need for a Strong and Sustainable Pharmacovigilance National Program in Resource-Limited Communities

Anas BAHNASSI  
PhD, CDM, RPh

17:00 - 17:30 Coffee Break

**17:30 - 19:00 Session 11: Keynote Session - Optimizing Patient Care (0.5 Credit)**

**Moderator:**  
Rony ZEENNY  
PharmD, MPH, BCPS-AQ ID

17:30 - 18:00 Patient-Centered Services: Pharmacists Advancing Healthcare

Wafa DAHDAL  
PharmD, BCPS

**18:00 CLOSING CEREMONY (1 Credit)**

**President Georges SILI**  
PharmD, RPh  
**Professor Pascale SALAMEH**  
PharmD, MPH, PhD



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**BEIRUT HALL**

08:30 Registration

09:00 - 11:00 **Session P5: Hospital Pharmacy Challenges (2 Credits)**

**Moderator:**  
**Rabab EL-RASSI**  
PharmD, MBA

09:00 - 09:30 Role of the Pharmacist in the Quality Assurance

Maya FARRAN  
PharmD

09:30 - 10:00 The Use of Automation to Improve Medication Safety: Automated Dispensing Cabinets Sharing Experience of AUBMC

Ulfat USTA  
PharmD, BCNS, BCPS

10:00 - 11:00 Lebanese Accreditation. Procurement: From Selection to Storage  
Lebanese Accreditation. Ordering, Dispensing and Preparation  
Lebanese Accreditation. Monitoring and Patient Education

Mirella ARATIMOS PharmD, MBA  
Rabih TAMIM PharmD, DES  
Jamal YASMINE PharmD, MBA

11:00 - 11:30 Coffee Break

11:30 - 13:30 **Session P6: Hospital Pharmacy Updates (2 Credits)**

**Moderator:**  
**Soumana CHAMOUN**  
PharmD, MS

11:30 - 12:00 Pharmacy Informatics

Ali TAHA  
PharmD, BCPS

12:00 - 12:30 The Emerging Role of Pharmacists in Ambulatory Care Clinics: The AUBMC Multiple Sclerosis Center Experience

Maya ZEINEDDINE  
PharmD, MSCS

12:30 - 13:00 CAR T-Cell Therapy in Refractory Large B-Cell Lymphoma

Maha WAZNE  
BS Pharm, MS

13:00 - 13:30 Impact of Pharmacy-Conducted Medication Reconciliation on Admission: Experience in two Tertiary Care Teaching Hospitals

Lamis KARAOUI  
PharmD, BCPS

13:30 - 15:00 Lunch Break

The Lebanese Order of Pharmacists  
would like to thank the below sponsors for their contribution to the success  
of its annual congress



**LEBANON**

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